

the HELICOPTER



The Rotary Club of Pensacola District 6940 Club 4248

WEEK IN REVIEW 9/3/2024

The September 3 meeting of the Rotary Club of Pensacola was held at the Pensacola Bay Center. President Henry Roberts called the meeting to order at 12:15pm and led members in the Four Way Test.

Rotarian Rob Overton led the members in a thoughtful prayer that preceded the pledge of allegiance.

Rotarian Laura welcomed guests and provided attendees with a prescribed dose of Rotary sunshine. The membership acknowledged and congratulated those who marked another year around the sun and celebrated by serenading John Tice.

President Roberts reminded the members that we are in the process of aggressively seeking new members. Next, he called members' attention to the raffle. The winning ticket was produced by but sadly, the joker remains at large with just 13 cards remaining in the deck.

President Henry and Program Chair Olevia McNally welcomed our guest speakers, Drs. Tuschar Tuliani and Giovanni Piovesana. Dr. Tuschar Tuliani is a board-certified interventional cardiologist at HCA Florida West Cardiology Specialists. He did a residency in internal medicine in Detroit, MI at Wayne State University, followed by a fellowship in cardiovascular medicine in Loma Linda, CA and fellowship in interventional cardiology at UF in Gainesville, FL. Tuliani's care philosophy is rooted in evidence and shared decision making to help achieve the best possible patient outcome. He chose to be a cardiologist to prevent disease and reduce suffering. Dr. Tuliani practices a whole-food, plant-based diet to help prevent cardiac ailments. He loves patient coaching and counselling to make sustainable lifestyle changes, which helps improve health. Dr. Giovanni Piovesana is a cardio thoracic surgeon at HCA Florida. He earned his medical degree from the University of Milan, Italy, graduating cum laude. He completed his general surgery residency at the University of Texas medical branch, Galveston, TX. He then completed his fellowship in cardiothoracic surgery at the University of Florida,

Shands Hospital, Gainesville, FL. He worked at Phoebe Hospital in Albany, GA for 6 years and then moved to Pensacola in 1022 when he joined the team at West Florida HCA Hospital. He performs surgical procedures treating coronary artery disease, aortic disease, heart valve disease, lung cancer and pleural disease. Dr. Piovesana has a particular interest in transcatheter valves implantation and open as well as minimally-invasive thoracic surgery. He is married to Rotarian Laura, and together they have twins Giorgio and Guilia who are now 10 years old. In his free time, he enjoys playing music, sailing and outdoor activities.

Drs. Tuliani and Piovesana provided valuable and fascinating information about heart valve problems and the symptoms associated with a defective valve. These symptoms include (among others) Heart valve problems can manifest through a variety of symptoms depending on the valve affected (aortic, mitral, tricuspid, or pulmonary) and the severity of the condition. Common signs and symptoms of heart valve issues include: (1) Shortness of Breath (2) 2. Fatigue

Feeling tired or weak, even with regular activities (3) Chest Pain or Discomfort (4) Heart Murmurs, which are often detected during a physical exam. Heart murmurs are caused by turbulent blood flow due to valve dysfunction. And/or (5) Persistent Cough. Physicians and surgeons may replace a defective valve by performing open heart surgery or by transcatheter aortic valve replacement (TAVR) which is a minimally invasive option where a biological valve (made from cow tissue) is implanted via catheter without open-heart surgery.

President Roberts thanked all who made the meeting special, including the speakers, the greeters and those who sold raffle tickets.

The meeting adjourned at 1:00pm.

Meeting minutes respectfully submitted by Nicole Gislason.

WHAT'S HAPPENING IN ROTARY

TODAY, TUESDAY, SEPTEMBER 10, WE MEET AT PENSACOLA YACHT CLUB.

28 members have returned their Rotary Commitments Forms designating where they wish to serve this Rotary year. These forms are available at the meetings and attached with this email. Please take the time to review and make your choice based on interest and opportunity to support of club and community.

We will continue to stream our meeting using Microsoft Teams; however, changes will be made due to poor wi-fi reception at PYC. You will no longer receive visual video of the meetings but will be able to listen to the announcements and hear the speaker. The link to join will be sent out in the same manner as before. If you have any questions or concerns regarding these changes, please let me know. 850-434-0684.

To increase the membership of our club, we will continue to offer three free lunches for potential new members.

Promote your business by placing an ad in the Helicopter. Your ad will run for a full month each week. Business card-sized ads are \$25.00, a 1/4 page is \$50.00, and a 1/2-page ad is \$75.00. To place your ad, send the prepared document to cbridwell@pensacolarotaryclub.org stating the size of the ad you wish to place. **Proceeds benefit the Rotary Club of Pensacola Foundation.**

To pay your quarterly Rotary Club dues with a credit card/debit card go to <http://www.pensacolarotaryclub.org/payment>. Please note a service charge will be applied to your payment.

2024-2025 Club Officers

•President	Henry Roberts
•Past President	Charles Beall
•President Elect	Allison Hill
•Secretary	Randall Richardson
•Treasurer	Lori Nesmith
•Communications Officer	Betty Roberts

Bulletin Information

Web Site: Pensacolarotaryclub.org
E-Mail: cbridwell@pensacolarotaryclub.org
Chris Bridwell, Executive Secretary
13 Palafox Place, Suite 200
P.O. Box 528 • Pensacola, FL 32591-0528
Phone: 850-434-0684

Clubs Available for Makeup

Five Flags	Pensacola Bay Center	Mon.	12:00 pm
Gulf Breeze	Legends at Andrews Institute	Tues.	7:00 am
Milton	The Hangar Restaurant	Tues.	12:00 pm
Seville	Seville Quarter	Tues.	5:15 pm
	meets every other Tuesday		
Cantonment	St. Luke's United Methodist Church	Wed.	12:15 pm
Perdido	The Point Church	Wed.	7:30 am
Pace	Stonebrook Village Country Club	Thur.	7:00 am
Cordova	Gulf Coast Kid's House	Thur.	7:00 am
Suburban West	Pensacola Yacht Club	Thur.	12:00 pm
Navarre	Broussard's Cajun Restaurant	Fri.	12:00 pm
Pensacola North	Hancock Bank, Creighton Rd.	Fri.	12:00 pm

District Governor

Mike Tatem
<http://www.rotary6940.org>

Assistant District Governor

Cliff Schornak

Program Schedule

September

- 10 - Dr. Don Winslett - Mental Health Awareness
- 17 - Keith Leonard - Escambia County School Superintendent
- 24 - Dr. Martha Saunders - UWF President

MEETING SCHEDULE

September

- 10 - Noon Regular Weekly Meeting at Pensacola Yacht Club and MicroSoft Teams
- 17 - Noon Regular Weekly Meeting at Pensacola Yacht Club and MicroSoft Teams
1:00 Board of Directors Meeting
- 24 - Noon Regular Weekly Meeting at Pensacola Yacht Club and MicroSoft Teams

HAPPY BIRTHDAY

Birthdays for the week of September 10 through September 16

Ellis Bullock – September 11 – born in Birmingham, AL, in Rotary 47 years, Paul Harris Fellow +2

Charles Kahn, Jr. – September 14 – born in San Antonio, TX, in Rotary 12 years, Paul Harris Fellow +5

Howard Reddy – September 14 – born in Carlow, Ireland, in Rotary 6 years

Greeters and Ticket Sales

September 10

Greeters: Bill Fleming and Benny Jeansonne
Ticket Sales: Marjy Anders and Jane White

September 17

Greeters: Brett Barrow and Charles Beall
Ticket Sales: Bobby Behr and Judy Bense

Prayer/Pledge And Sunshine

September 10

Prayer/Pledge: Innes Richards Sunshine: Kelsey Powell

September 17

Prayer/Pledge: Terry Scruggs Sunshine: Randall Richardson



Pamela L. Smith

Realtor, CRS, PMN, e-Pro, C2EX
Real Estate Counselors, Inc.

EXPERIENCE MATTERS

When it comes to the biggest investment of your life, choose a Realtor who has earned the endorsement of Florida Realtors as a Board Certified Professional. This professional endorsement is earned by Realtors who demonstrate high competency, professionalism in sales, ethical conduct, volunteerism, support for homeownership and sets us apart as The Best of the Best. Out of 238,000 Realtors, only 20 are Board Certified.

With over 30 years of experience, I deliver a high level of service based on industry knowledge, skills, a strong moral compass, and a deep connection to my community. Choose a Board Certified Realtor - You deserve to work with the Best of the Best.

(850) 516-7809 | PamSmith12@gmail.com | pamsmith.com